

PATHFINDERS • COURSE BRIEF

Life skills for the next step after school

Prepare for the choices and independence after school.

A life skills course for school-leavers and young adults choosing their next direction. They learn to weigh options, manage new independence and make a practical plan for university or another next step.



Conceptual campaign artwork from the supplied programme presentations. Not a photograph of course participation.

Why this course is useful

Leaving school brings choices about study, money, relationships and the future. Family expectations can add to the pressure. Pathfinders helps participants identify what matters to them, compare options and plan a responsible next step without needing every answer at once.

Who this is for

School-leavers and young adults at life or career crossroads. Age range and context are agreed. A school or guardian coordinates under-18 enquiries.

A practical short course from The Greatness Project. It builds life and leadership skills alongside academic or technical education.

CURRICULUM

What you will practise.

Six areas of learning. Each includes a practical exercise linked to the responsibilities participants face.

01 Know what matters to you

Examine values, inherited success stories and the expectations shaping your choices.

In practice: Ask whose definition of success is driving a decision.

02 Manage new independence

Prepare for autonomy when familiar routines and supervision fall away.

In practice: Map how to manage attention, responsibility and support when nobody is checking.

03 Protect your values

Recognise attractive opportunities that ask you to abandon a value. Consider longer consequences.

In practice: Rehearse a choice between belonging, convenience and principle.

04 Choose a direction

Connect strengths, contribution and opportunity without requiring a perfect lifelong answer.

In practice: Identify a responsible next step that lets you test a direction.

05 Respond to fear and setbacks

Recognise pressure and disappointment without making them your whole identity.

In practice: Turn uncertainty into a small action, a review point and a support conversation.

06 Plan for money and relationships

Consider financial expectations, comparison, family obligations and boundaries.

In practice: Create a direction commitment and identify where you need advice.

The examples and emphasis are adapted to the group. The course supplements academic and technical education.

ACTIVITIES AND OUTCOMES

What participants practise and take away.

A guided workshop, private reflection and practical exercises. Follow-up support depends on the option selected.

What happens during the course

Participants work through realistic situations in a guided workshop (Leadership Lab), use a private reflection workbook (Red Sea Journal) and rehearse a responsible response. Guided group discussions (Crossroads Dialogues) and follow-up practice are included according to the chosen option.

Skills and practical tools to take away

- A private reflection workbook and decision framework.
- A values-and-direction commitment.
- A practical next-step plan with a review point.
- A support map for the transition.
- Guided peer dialogue and application in the selected option.

What the organisation is investing in

- Support the move from external structure to self-direction.
- Connect ambition with contribution and responsibility.
- Examine choices before commitments harden.

A situation participants could practise

Choosing a course when family expectations and personal purpose differ.

Ask: What is happening? What am I assuming? Who could be affected? What is the responsible next step, and who should I speak to?

How results develop

These are skills the course is designed to build. Lasting change depends on participation, practice, support and the conditions people return to. Employment, business and leadership results are not guaranteed.

OPTIONS AND BOOKING

Choose the course and level of support.

Before booking, the proposal confirms who will attend, the dates, facilitators, hours, format and price.

Workshop and next steps - Ignition

A guided workshop uses practical dilemmas and a private reflection workbook to help participants plan their next actions. Workshop length is agreed before booking.

Workshop + 90-day practice - Formation

The workshop is followed by 90 days of practice, guided group discussions, scheduled check-ins and a basic review. Participants apply what they learn in their everyday responsibilities.

Workshop + 180-day support - Stewardship

The workshop is followed by 180 days of deeper practice and agreed support. This can include reviewing progress, helping the organisation use the programme and preparing future groups. The exact scope depends on the course; certification is not automatic.

Who arranges the course

Individuals, families, schools, transition-supporting institutions and sponsors can begin a cohort conversation.

What this course does and does not include

A practical short course that complements careers advice. No promise of placement or a predetermined life path.

Does Pathfinders choose my career for me? It develops judgement, values clarity and grounded choices, complementing specialist careers advice. For pressure inside an employer or professional-training system, explore Emerging Professionals.

Ask about this course

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thegreatnessproject.quest/programmes/pathfinders